

TCE combatting HIV and AIDS



Since 2000, Humana People to People members have reached over 20 million people across 12 countries in Africa and Asia, connecting them with HIV and AIDS information, services and support to enable them to live healthy, positive lives.

Humana People to People's HIV and AIDS programme Total Control of the Epidemic (TCE) provides hope, saves lives and builds resilience among people against the consequences of HIV and AIDS. Each person has to take a firm decision not to get infected or acquire HIV, and avoid transmitting the virus to others. Aligned with the UNAIDS 95-95-95 strategy, members of Humana People to People are working to ensure people know their HIV status, receive the sustained treatment they require, and eventually achieve viral load suppression.

TCE empowers people to develop healthy communities and acquire essential knowledge and information, key in HIV prevention and support. Its approach is centered on community mobilisation, HIV testing, tuberculosis (TB) screening, referrals for treatment, and support for treatment adherence.

Working with hard-to-reach groups and key populations demands targeted and innovative HIV strategies. TCE works in diverse community settings.

Providing home-based HIV testing makes it possible to reach people in the comfort of their own homes, providing an opportunity to couples and mostly men to know their HIV status. TCE is currently using the Index Partner Testing strategy - a new form of testing which targets people who are at high risk of HIV infection; many in this group do not know they are HIV positive. Special attention is given to commercial sex workers, Men who have Sex with other Men (MSM), truck drivers, fishermen, pregnant women, adolescent girls and young women.

The, over the years, positive research and development in clinical HIV treatment makes it possible to sustain lives and support those who have lost hope to start believing in and creating a positive future. Thus, with controlled HIV infection and access to medication, people can live a healthy, normal life.

HIV treatment, care and support is a key component of TCE's efforts in saving lives, strengthening HIV treatment adherence and creating healthy communities. Organising people to focus on supporting those living with HIV has strengthened openness, provided psychological support and helped break stigma. Nutrition support improves people's health; some of whom are surviving on the extreme margins of poverty.

Strong health systems prevent, detect, and respond to deadly diseases, preventing infections from becoming epidemics, promoting the well-being of people, and saving lives.

Working closely with health systems, TCE strengthens and improves delivery of quality health care. The approach of community mobilisation creates an increase in health awareness among people to demand health services.

The TCE approach helps create linkages between community-based health care interventions and institution-based medical support. Expanding equitable health care, providing communities with preventive health care and health promotion supports the achievement of good health and well-being

