

Total Control of HIV the Epidemic (TCE)

Our impact across diverse countries



Since pioneering our flagship health programme Total Control of the Epidemic (TCE) in 2000 with a vision of ending HIV, Humana People to People has reached over 22 million people across 12 countries.

We are a learning network of closely interconnected members, which have refined and adapted our HIV and AIDS work to better respond to the local epidemiological dynamics. An identical thread defining each of our HIV and AIDS projects remains the same: the people who are affected by the AIDS epidemic must be empowered to be the driving force in achieving epidemic control – thus building a sustainable response.

Over the years, our members have proven capable local implementing partners – able to take a lead in providing cost-effective HIV programming with a high degree of impact. We are proud of the impact we've had across communities, countries and continents. Below is a small sample of our recent work.

Angola

ADPP Angola started implementing TCE in 2006. The TCE approach fights HIV and AIDS, TB through engaging individuals and communities to take control of their own health. Since the launch of TCE in Angola, 975,000 people have been reached with HIV prevention through community mobilisation, as well as, HIV testing, treatment, care and support and PMTCT.

At community level, ADPP Angola focuses mainly on prevention of HIV, TB and malaria. It creates links between communities and health service providers, and refer those who test positive to care and treatment services. This is done through one-on-one interactions, prevention campaigns, and group discussions on malaria, HIV/AIDS and TB. ADPP Angola works with a number of epidemic response models, building the capacity of communities to avoid contracting these diseases.



Botswana

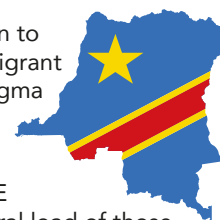
In 2001, Humana People to People Botswana started implementing a large scale HIV/AIDS prevention intervention to fight the spread of the HIV and AIDS epidemic. The Total Community Mobilisation (TCM) programme was a result of government's decision to adopt the Total Control of the Epidemic (TCE) model as an integrated part of the country's national strategy to fight HIV/AIDS. Between 2001 and 2005 more than 900,000 people were systematically mobilised and reached with prevention and counseling messages as well as referrals for testing and treatment. Also work with Orphans and Vulnerable Children is included.

Currently, HPP Botswana engages adolescent girls and young women with HIV prevention and support for treatment activities in the DREAMS programme. Various approaches are being carried out, among them Index Case testing, addressing gender based violence, multi-concurrent sexual partnerships, enrolling and supporting people with HIV to remain on treatment so they achieve viral load suppression.

Congo, D.R.,

In 2009, Humana People to People (HPP) Congo began implementing a three-year TCE programme, and has gone on to reach over 500 000 people by 2022. HPP Congo through its TCE programme worked with the general population, migrant miners and uniformed forces. Activities included conducting community mobilisation for HIV prevention, breaking stigma and discrimination, referrals for HIV testing and basic counseling on ante- and post-natal care to pregnant women.

In 2019, HPP Congo began implementing the TCE Tonga-Nzoto aiming to halt the spread of HIV as it contributes to meeting local UNAIDS targets of ending AIDS by 2030. It supports HIV positive people to live a long healthy life. TCE Tonga-Nzoto identifies HIV positive children and adults, refers them for treatment and works towards reducing the viral load of those found with HIV. TCE Tonga-Nzoto strengthens links between the community and clinics to gain control of the epidemic, providing care for people living with HIV and supports health facilities in Kinshasa in their HIV and AIDS response and management.



Guinea Bissau

ADPP Guinea Bissau started the first TCE project mobilising youths and women groups to organise into youth and women's clubs. Further, TCE engaged the Guinea Bissau Armed Forces, Ministry of Public Health and the National AIDS Council to fight the spread of HIV and AIDS among military personnel, their families, the community around the camps and places frequented by military personnel known as "HIV Hot Spots"; these include drinking clubs, lodges, and markets. By 2022, TCE has impacted 92 000 Guineans with its success being due to wider acceptance of its approach by local authorities, traditional leaders, religious leaders, and government authorities.

Malawi

DAPP Malawi has worked closely with the Malawi government since 2007 to combat and prevent the spread of HIV, TB and malaria through its innovative programme, TCE. From 2007 - 2017, the TCE programme reached more than 1,8 million people with HIV prevention messages; over 800,000 were counseled on risks of HIV infection; and more than 500,000 people were tested for HIV; 16% tested as couples and 54% of the total number of people tested were women. TCE approach has helped to reduce the spread of TB by raising awareness. Through community mobilisation, there has been an increase in both access and demand for TB and HIV testing, as well as TB case detection. Prevention programmes are carried out under the DREAMS programme.



Mozambique

In Mozambique, ADPP Mozambique has been implementing TCE since 2001 and providing home-based testing and counselling beginning in 2004. ADPP Mozambique has reached over 5 million people with HIV prevention, counselling, referral services under the TCE model. Positive impact of TCE model was in viral load suppression through the TCE TRIO adherence system combined with other community support groups, managing savings and lending clubs, building nutrition gardens and running HIV positive youth clubs.

In 2021, ADPP Mozambique implemented seven TCE projects in five provinces that is Cabo Delgado, Maputo, Gaza, Zambezia and Manica.

- 60,310 people got community-based counselling, HIV testing and home-based test kits
- 5,468 people were found HIV positive and referred for anti-retroviral enrollment, of whom 94% were initiated on treatment
- Over 325 000 people engaged by HIV community prevention messages



Namibia



For the past 18 years, DAPP Namibia has been running TCE, engaging 1.4 million people and mobilising for HIV testing. Working in close co-operation with the Ministry of Health and Social services, TCE delivers a systematic, evidence-based approach to provision of high quality, scaled-up HIV and TB prevention, treatment, care and support interventions. TCE supported by its proven multi-pronged strategies, specifically for most-risk groups, sero-discordant relationships – where one partner is HIV positive and the other is negative.

In 2022, TCE in Namibia achieved:

- 98% re-engagement rate of the once HIV+ clients treatment defaulters who could not be traced by health facilities
- 100% success rate for babies of People Living with HIV mothers confirmed HIV negative at 18 months
- newly diagnosed adult Linkage to Treatment rate of 97%; 73% for same day and 95% within a week
- 100% success rate for newly diagnosed linkage to treatment for children

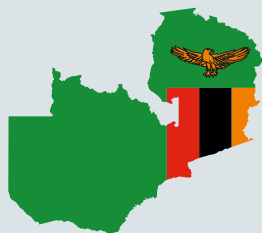
South Africa

Humana People to People South Africa began implementing TCE in 2005 and has since then covered 4.7 million people across six provinces of South Africa as it provides comprehensive HIV and AIDS counselling and linkage to care. The slogan, “Only the people can liberate themselves from HIV epidemic” has been driving all the community mobilization efforts for behaviour change and prevention. TCE model in South Africa brings expertise to HIV and AIDS and TB patient-centered approaches, mostly in systems community mobilization for testing and primary health care services demand creation.

In 2020, TCE began an evidence-based methodology for influencing HIV-related attitude, behaviour and practice change where the need was greatest in Mpumalanga province. The TCE initiative in its scope aims to raise awareness about HIV and refer people for HIV testing, treatment and care. Sexual and gender-based violence messages are at the heart of the model as it strives to change norms and behaviours. Protection of sex workers is another strong element of the programmes. There has been an improved uptake of PrEP among adolescent girls and young women leading to a low rate of newly diagnosed People Living with HIV. Community involvement and participation



Zambia



DAPP Zambia began TCE driven by the broad ambition of providing large-scale home-based testing of HIV a development which was successful and have been scaled-up as well as replicated in various countries in Africa.

TCE Index Case Testing approach has been supporting the government of Zambia in targeted HIV testing, referral for treatment and care in meeting the national goals of UNAIDS 90-90-90 as well as the UNAIDS 95-95-95 targets to end AIDS by 2030. Additional areas of programming included active case identification for TB, mobilization for pre-exposure prophylaxis (PrEP), voluntary medical male circumcision and cervical cancer screening for females.

Major impact of TCE in Zambia are:

- 28% of persons who are index case tested are found HIV positive.
- TCE has been implemented in a third of Zambia with close support from Ministry of Health and Centers for Diseases Control & Prevention.
- 537 Health Facilities in 35 districts spread across 4 provinces are currently supported by TCE
- 927 TCE Field Officers and 631 Community Health Workers are part of a network equipping Zambians to take control against HIV infection
- 158 female sex workers are trained as Peer Educators
- 320 Safe Motherhood action groups and 209 Voluntary Medical Male Circumcision champions are community-based are volunteer networks supporting the prevention of HIV

Zimbabwe

TCE model was pioneered in Zimbabwe in the 2000, implemented by DAPP Zimbabwe. Since then, TCE has reached nearly 1 million people throughout Zimbabwe, equipping them with the capacity to take control of their lives against the HIV/AIDS epidemic. The TCE Zimbabwe programme assisted nearly 700,000 individuals in developing a personal HIV risk reduction plan in from 2000 - 2012. The model has enabled pregnant women to know their HIV status, get tested and receive counseling, plus undergo treatment. More than 50,000 pregnant women have received HIV support services to prevent mother-to-child transmission of HIV/AIDS to their babies.

Today, DAPP Zimbabwe operates an HIV/AIDS programme, HOPE Humana in Bindura, reaching vulnerable populations with HIV prevention, treatment, and care services along the continuum of care. HOPE Humana mobilises young mothers to attend and participate in pre-natal and ante-natal care sessions. Additionally, the project works closely with local clinics and hospitals; it coordinates with the Ministry of Health and Child Welfare to provide HIV services.

