

HEALTH & NUTRITION CAPACITY STATEMENT

ADPP: A Local Mozambican NGO with 40 years of experience in building capacity, changing lives and improving the health of the Mozambican people

Overview of ADPP

ADPP Mozambique is a local non-government organization founded in 1982 and registered in 1993 under the national law of association. Its mission is founded on the strong conviction that meaningful development happens in the hearts and minds of people, in their interactions with each other and within their socio-economic and cultural contexts. When people are respected and consulted and when they are empowered with capabilities and options, they become the driving force of the changes in their lives. ADPP targets the most disadvantaged social groups – especially women, adolescent girls, children, and youth. ADPP programs help vulnerable populations overcome barriers to health care, such as chronic poverty, lack of access in remote rural areas, or cultural and behavioural factors. ADPP strives to establish equal opportunities for all Mozambicans through its vital development work in the sectors of health, education, and agriculture and community development.

ADPP is a member and co-founder of the *Federation Humana People to People (HPP)*, a global network of 32 local NGOs working in 43 countries. ADPP currently has more than 2,500 employees, in addition to over 4000 community volunteers, who implement over 60 projects across all provinces of Mozambique that reach approximately 6 million people each year. The organization manages a total annual budget of \$30 million. ADPP has strong systems in program management, financial management, human resources, procurement, monitoring and evaluation, and more, with systems and processes that are compliant with national laws and regulations and donor requirements. ADPP has predominantly national staff with expertise in social sciences, education, public health, accounting, risk control, and financial management. In the area of health, ADPP has been implementing successful comprehensive projects for the last 22 years, and has a wealth of knowledge to draw on, from implementation of projects in HIV prevention since 1998, TB prevention, treatment and care since 2007, malaria prevention and treatment since 2006, nutrition since 2012, and maternal and child health (MCH) and reproductive health (RH) components integrated in various health programs since 1991.

ADPP has successfully implemented numerous large-scale health programs and has proven experience working with a range of donors including USAID, USDA, CDC, World Bank, EU, and many others. In 2019, ADPP launched two new large-scale projects funded by USAID: the \$19.5 *Transform Nutrition* project and the \$25 million *Mozambique Local TB Response* project. Both projects are led by ADPP and implemented by a consortium of local and international organizations. In 2018, ADPP successfully concluded the *TB Screening In the Mining Sector (TIMS) Project*, a regional TB project supported by a \$3.7 million grant from the Global Fund that was implemented in 8 countries (Mozambique, Botswana, Lesotho, Malawi, Namibia, Swaziland, Tanzania and Zambia). As a direct recipient, ADPP implemented the \$4 million Global Fund-funded regional *Elimination Malaria Project* across 6 countries. As a sub-recipient to World Vision, ADPP is implementing the second phase of a \$22.1 million USAID-funded Malaria project, running from January 2018 to December 2023. As a sub-recipient to the US-based INGO *Planet Aid*, ADPP implemented the \$32.4 million USDA-funded *McGovern-Dole Food for Knowledge Project*.

ADPP is dedicated to helping stop the spread of communicable diseases in Mozambique including HIV/AIDS, tuberculosis (TB), malaria, COVID-19 and other preventable diseases. The fight to control HIV/AIDS, TB, and malaria builds on the people in communities organised together and in close collaboration with the public health system. ADPP has over 30 years of experience designing health projects

with the active participation of communities. Through empowering community members with health education, skills, capacities, promoting health seeking behaviours, and tackling barriers such as stigma and discrimination, ADPP truly puts people in the driving seat to identify solutions, providing clear examples of how progress can be achieved. Good health, hygiene practices and safe sanitation are important for the wellbeing of the population and provide the necessary foundations for economic development. ADPP health projects are aligned with the Sustainable Development Goals and contribute to relevant global, regional and national strategies and policies on health and nutrition.

**Health programmes need to have their point of departure in people and not in diseases;
they must respond to how people live their lives.**

ADPP's Work in HIV Prevention, Care & Treatment Contributing to Epidemic Control

In response to the growing Epidemic in the mid-90s in Mozambique ADPP started its first HIV prevention and care initiatives, the *Hope projects* in 1998 followed by the *TCE (Total Control of the Epidemic)* projects in 2001. The Hope projects targeted vulnerable population groups with information, linked people to testing and treatment services, and created community-based support for the people living with HIV (PLHIV). The TCE approach initially targeted the general population due to the urgent need of engaging all people in preventing the fast-growing Epidemic from spreading.

'Only the people can liberate themselves from the epidemic'

TCE is based on the principle that individual action, bolstered by government and civil organisation efforts, is key to stopping an epidemic. TCE has been the mainstay of ADPP's HIV/AIDS work in Mozambique since 2001, systematically engaging people in communities in the fight for gaining control over the HIV epidemic. *Hope* as well as *TCE* are deeply anchored in a people-centered, holistic approach engaging each individual in taking control over their health status.

Over the years, in collaboration with the Government and Partners, ADPPs HIV interventions have been developed and improved with various components such as HIV Index case testing especially focused on finding the people who are living with HIV but not being aware of their status and not yet in treatment; formation of community based systems for treatment adherence support and elimination of stigma and discrimination; formation of saving and loan groups for enhanced economic resilience, and community-based vegetable gardening for enhanced nutrition, and other approaches that have contributed to improving the lives and wellbeing of the PLHIV and their family members.

ADPP has designed and implemented 44 HIV and HIV/TB projects in the last 23 years with the aim of enhancing people's rights, knowledge and responsibilities to avoid contracting HIV and/or to live a healthy and dignified life with HIV. The projects have been implemented in close collaboration with the National AIDS Control Program of Mozambique and donors such as USAID, CDC, GFATM, Aidsfonds and others. ADPP applies various strategies and approaches for HIV/AIDS prevention, treatment and care. All strategies are aligned with the UNAIDS 95-95-95 targets.

Over the last five years ADPP has worked with various target groups.

Key populations: ADPP reaches key populations such as female sex workers (FSW), truck drivers, and migrant workers, supporting them to take control of their health status and overcome barriers to HIV prevention, care and treatment services. Interventions include peer-to-peer mobilization and education, counselling & testing, support groups with saving and loans activities, and improved access to patient-friendly health services.

- In partnership with FHI360, ADPP has implemented the PASSOS project in Zambezia and Gaza provinces from 2017-2022, providing HIV services for almost 20,000 FSW of whom 2,824 tested HIV positive and were linked to treatment.

Adolescents Girls & Boys and Young Women (AGYW): ADPP reaches AGYW through a holistic approach and support them to take control of their health. Interventions include health education, life skills, livelihood skills and wider community engagement to reduce stigma and Gender Based Violence.

- In partnership with FDC, ADPP implements the VIVA+ project for HIV Prevention, Gender Based Violence and Promotion of the Human Rights of Adolescent Girls & Boys and Young Women in Maputo City and Maputo Province. From 2018-22, more than 390,000 AGYW have been reached with HIV literacy and information about Human Rights
- In partnership with FHI 360 ADPP has implemented the project DREAMS in Maputo Province, with focus on HIV prevention among AGYW combined with economic empowerment. From 2021-22, over an 18-months period 16,780 AGYW were reached with a comprehensive package of HIV prevention and more than 2,000 participated in saving & loans groups for improved economic resilience.
- In partnership with the Government of Flanders, ADPP has recently initiated the project TsogoloTsicana (Go Girl) in Tete Province with focus on Sexual and Reproductive Health Rights, and comprehensive HIV prevention for adolescent girls and young women.

The Missing HIV positive Children: Since 2015 ADPP has engaged in finding children living with HIV who have not yet started on treatment by employing targeted interventions including counselling and testing of vulnerable children, for example through projects like ‘Technical Assistance to the Ministry of Health for HIV Services and Program Transition’ in partnership with Elisabeth Glaser Pediatric Aids Foundation. Many children continue to be born HIV+ or become infected with HIV during their first years of life, in ways that can be prevented.

- In partnership with ViiV Health Care and AIDSFONDS from 2020 - 2023, ADPP has implemented “Kushinga” (Courage) project in Manica Province to find missing children with HIV who have not yet started on treatment. Through comprehensive outreach strategies the project organized testing of 13,883 children, of which 1,048 were HIV positive and were initiated on treatment.

To ensure all PLHIV are reached with testing and treatment services ADPPs projects use Index case testing in collaboration with the health facilities to find vulnerable PLHIV who, for various reasons, are missed by the established health services. Likewise, ADPPs projects also provide support for PLHIV to stay on lifelong treatment through different treatment adherence models - including three person adherence support groups (TRIOs), community support and adherence groups (GAACs), Positive Living Groups, Youth Clubs, and Young Mothers Clubs), all with the purpose of supporting people to overcome barriers to treatment initiation and adherence and to become empowered in a positive and supportive environment including health education, life skills, livelihood skills and more.

- In partnership with Ariel Glaser ADPP has implemented HIV index case testing in Maputo and Cabo Delgado provinces since 2015. From 2018-2022 the Index case testing, in close collaboration with the concerned health facilities, resulted in more than 25,000 PLHIV diagnosed and linked to treatment.
- In partnership with Aidsfonds ADPP is implementing the project STAY ON in Manica Province (2020-23), to assist PLHIV stay on lifelong treatment. From 2020-22 the project has supported 4,000 PLHIV through various support groups, and 5,900 PLHIV lost to care have been re-integrated on treatment.

ADPP’s Work in TB Control

We REACH out and link people with TB symptoms to TB services
We create community-based support mechanisms for optimal CARE and support
We PREVENT TB from spreading, through multiple interventions
We engage people in Community led Monitoring to improve the National TB response

In response to the challenge of eliminating TB in the country, and using its experience in HIV/AIDS, ADPP began to work in TB prevention, care and treatment starting in 2007. ADPP adapting the TCE model to address TB, creating the ‘Total Control of TB’ approach to support the government’s goal of TB elimination. ADPP is working with the Mozambique National Tuberculosis Programme (NTP) and other partners to implement a unified and strategic response to the TB epidemic. The goal is to increase TB awareness and prevention among the population by focussing on the critical work of increasing case detection efforts across the country and ensure successful treatment outcome. ADPP and its partners have implemented 12 major TB projects since 2007 in the provinces of Maputo, Gaza, Sofala, Manica, Zambézia and Nampula, as well as one regional project *TB Screening in the Mining Sector* (TIMS).

ADPP’s projects REACH out to high-risk communities using methods such as door-to-door active case finding, and contact investigation, in close collaboration with the health facilities. The work is conducted in close collaboration with many community actors, including activists (volunteers), community leaders, traditional healers and more.

ADPP engages in CARE by supporting person-centered care and community-based mechanisms that help ensure successful TB treatment completion, such as the provision of Direct Observation and Treatment (DOT); and the TB DOTS Plus for people with MDR-TB, a comprehensive approach to ensure 95% treatment adherence and successful treatment outcomes. Along with Direct Observed Treatment, the DOTS Plus approach includes cash transfers, distribution of pill boxes to the patients for correct and timely intake of medicine, and close monitoring and continuous follow up by project Activists.

ADPP engages in TB PREVENTION by building knowledge in TB affected communities and collaborating closely with the health system on starting and completing TPT (TB Preventive Therapy) for eligible children.

ADPP’s comprehensive interventions since 2018 have led to significant outcomes:

- In partnership with USAID ADPP is implementing the Mozambique Local TB Response reaching people in 50 districts in (2020-24) Nampula, Sofala, Zambezia and Tete provinces to strengthen the overall TB response. From 2020 to 2022 the project has achieved significant results, among others:
 - identified 55,551 people with TB (all forms), with a contribution of 53 % of all TB cases notified in the targeted districts.
 - assisted more than 50,000 TB patients through community DOT and DOTS Plus to complete their treatment
 - identified and initiated more than 54,000 of eligible children under 15 on TB Preventive Therapy
- In partnership with Global Fund ADPP has been implementing the project ‘Contact Investigation and Community DOT in Matola, Maputo Province (2018-22), through which more than 5,000 people with TB have been diagnosed, linked to treatment and received care through Community DOT
- In partnership with World Bank & MoH ADPP has successfully completed the project ‘Health System Strengthening’ (2018-20) in close cooperation with the NTP in five districts in Gaza Province to strengthen TB response mechanisms.

In addition to the projects outlined above, ADPP integrates TB screening and support for care and treatment into all its HIV projects, nationwide.

ADPP engages communities in Community led Monitoring

Piloting and expanding the OneImpact CLM (Community led Monitoring) digital solution (2019-2023). OneImpact CLM is an innovative rights-based approach to community participation, and accountability in TB. OneImpact CLM leverages technology to optimize community engagement, data collection and analysis, responses, and systems for a rights-based response to TB. In practice the OneImpact CLM approach enables community empowerment and engagement for rapid community and health system action and responses, to ensure that quality TB care and support services are available, accessible, acceptable for all. The OneImpact CLM digital solution was adapted and piloted in Mozambique by ADPP

in cooperation with the Stop TB Partnership in 2019. Over a 4-year period ADPP in collaboration with the Stop TB Partnership, Dure Technologies and the National TB Program ADPP has adapted and customized the digital content to Mozambican needs and is using OneImpact CLM in TB interventions in 9 districts in Zambezia and Maputo provinces. More than 6000 people affected by TB have been engaged using OneImpact to report barriers related to Stigma, discrimination, human rights violation and TB Services, where majority have been solved through close collaboration with health care workers and community actors. OneImpact CLM is now in the process of being scaled up in the country and as a potential national digital platform. Backed by close collaboration with the Stop TB Partnership and Dure Technologies ADPP is hosting OneImpact and being the resource entity in Mozambique for expansion of the OneImpact CLM digital platform.

ADPP's Work in Malaria Elimination

ADPP's response to malaria dates back to 2007 and has primarily included community responses aimed at raising awareness among the population as well as malaria prevention through vector reproduction control and distribution of mosquito nets. Interventions have had a particular focus on reaching pregnant women and young children. ADPP also integrates malaria prevention activities into other health projects, as needed.

In partnership with World Vision ADPP is implementing the project 'Accelerating and Strengthening the Quality of Malaria Control Interventions in Mozambique' in Niassa and Nampula provinces, focusing on increasing malaria awareness and behavior change for prevention and control through community-based interventions. From 2018 to 2022 the project trained 9,725 teachers and community volunteers who reached almost 2.5 million people with malaria preventive messages, and more than 14 million mosquito nets have been distributed.

From 2016 to 2019 ADPP worked with the Secretariat Elimination 8 and managed the implementation in 6 countries with regional partners. The project was implemented under 'MOSASWA' and 'Elimination 5', as part of larger regional malaria Test-Treat-Track efforts in Mozambique, South Africa and Eswatini (MOSASWA) and Mozambique, Botswana, South Africa, Zambia and Zimbabwe (Elimination 5), in partnership with the secretariat Elimination 8, funded by Global Fund.

ADPPs Work on Nutrition

Good nutrition is a fundamental right for every person. In Mozambique, nearly half of the children live with chronic malnutrition, which has big consequences for the young generation. By giving young women and girls access to better nutrition and sanitation education, cooking skills and motivation for positive changes in nutrition practices, the malnutrition cycle can be cut.

ADPP has 8 years of experience in implementing community-based nutrition programmes. ADPP has adopted several approaches to improve the nutritional status of people in underprivileged communities, such as mobilizing and educating people from poor fishing communities in Nampula and Zambezia provinces on nutrition with use of locally available food sources; supporting primary school students with nutritious school lunches with engagement of voluntary cooks, and community members to supply vegetables from local garden farming; mobilizing and educating adolescent girls' clubs and mother's groups as peer educators and spearhead nutritious cooking and social behavior change; educate and mobilize lactating mothers to breastfeed their babies.

- In partnership with USAID ADPP is implementing the project Transform Nutrition over a 5-year period from 2019-2024 in 12 districts in Nampula Province. The project involves a broad set of activities

addressing the complex interactions between food, health, water, sanitation and hygiene, along education explaining their combined impact on people's nutrition and health. Transform Nutrition combines this multidimensional approach with a strategy to influence positive behavior change among pregnant and lactating women, adolescent girls, and children under 2 years, while enlisting support from key influencers in the community such as husbands, fathers, religious leaders, and matrons. The project is implemented by ADPP in consortium with h2n, Uni Lurio, VIAMO, and GAIN. From 2020-22 the project has formed 2,264 nutrition groups for continuous nutrition education, trained 34,634 girls in girls clubs as nutrition leaders, and trained and engaged 878 APSs (government deployed community health workers) to carry out nutrition interventions at nutrition sites in the communities reaching pregnant, lactating women and children under 5.

- In partnership with Planet Aid, financed by USDA **ADPP implemented the Food for Knowledge (FFK)** project from 2012-20 reaching more than 550 primary schools in 4 districts of Maputo Province providing cooked meals to around 87,000 students annually with engagement of voluntary cooks. The project included school feeding, literacy, school gardens and school farms, water and sanitation, nutrition education including training of teachers, construction, and extra-curricular activities.
- In partnership with the National Institute for Fisheries and Aquaculture Development (IDEPA) ADPP implemented a Community Nutrition Project from 2016-19 involving 25 fishermen associations in Zambezia Province in improving the nutritional status in the poor fishing communities.